



VASECTOMY REVERSAL

OVERVIEW

FAQ'S

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A vasectomy reversal is a procedure in which the results of a vasectomy are undone. The surgeon will reconnect the tubes that carry sperm to the semen, the vas deferens. Doctors cut these tubes during the vasectomy to prevent sperm from reaching the semen and being ejaculated, and a reversal is intended to restore the ability to father a child.

It is often difficult to say if a vasectomy reversal has been successful. When a couple is unable to conceive, there could be any number of factors at play. It is also possible that the man had infertility issues before the vasectomy, of which they were unaware.

In general, vasectomy reversal leads to pregnancy rates ranging from 30 to 90 percent, depending on the specific type of procedure and other factors. Time from the initial vasectomy, age, and the individual surgeon's success are all potential factors.

Men often choose to attempt a vasectomy reversal due to a change in their decision not to have children, remarry, or occasionally treat rare chronic pain following a vasectomy.

It is important to note that a vasectomy reversal will not guarantee successful conception. Although the surgery can be attempted years after the vasectomy, there is less chance of success after more time has passed.

For the most part, vasectomy reversals rarely result in any severe complications. Among these rare complications are potential bleeding within the scrotum, infection at the surgery site, and chronic pain. Most men report only mild soreness and swelling at most.

What Do Patients Have to Do Following a Vasectomy Reversal?



For the first 24 to 48 hours, the patient will have to wear either athletic support or tight-fitting undergarments to support the scrotum. They will also have to apply ice during that period to reduce the swelling following the procedure.

For How Long Will a Patient Need to Refrain from Physical Activity?



In general, a vasectomy reversal requires longer refraining from physical activities than the original vasectomy. Patients should avoid any activity that could pull or put pressure on the scrotum, like biking, jogging, other sports, or heavy lifting.

How Soon After a Vasectomy Reversal Can Sexual Activity Resume?



It is strongly advisable to avoid sexual intercourse and any ejaculation at all, with or without a partner, until the physician says so. In general, this could be between two to three weeks post-surgery but could be longer in some cases.

What Options Are Available if the Vasectomy Reversal Is Not Successful?



A vasectomy reversal is generally considered unsuccessful if no sperm are present in the semen within 12 months of the procedure. The procedure can sometimes be reattempted. Other options are available, such as sperm retrieval for in vitro

What Is Generally Done Before a Vasectomy Reversal?



The physician will carry out a physical exam to ensure that the patient is fit for surgery. They may also carry out a test to ensure that healthy sperm production is still active in the testicles if risk factors like age, diet, and smoking indicate there could be reduced fertility.

